

MOVING FORWARD TOGETHER: INNOVATION AND ANTI-RACISM
NOVEMBER 25, 2024



MESSAGE FROM THE CHAIR

Dear All,

Many things are changing in the aftermath of the elections. Yet, our purpose and noble mission remains the same: to take care of patients suffering from psychiatric conditions, train the next generation of clinicians and researchers, and make discoveries to transform mental health. For that, I am very grateful. I often mention in these letters how lucky we are to be engaged in work that allows us to practice altruism every day. This is true regardless of your political affiliation and a wonderful blessing.

You may or may not know that recruitment for psychiatry residents and fellows as well as, psychology interns is in full swing! While interviews remain virtual, as required by governing bodies, many applicants opt to come visit in person. So please, whenever possible, if requested, try to make time for these critical visits. You know that our wonderful trainees are the future faculty and, therefore, our collaborators. Thus, efforts to engage and recruit the best possible candidates is key to Penn Psychiatry's future.

Finally, please remember the importance of caring for yourself. Sticking to your routines in terms of sleeping, eating and exercising is essential. As well, make sure you take all of your vacation days. We all feel we are essential, which is good! But we also all have jobs that allow for cross-coverage so we can get some rest. This is my call to

action: take the time you have earned! Naturally, I want to thank you again for all the work you do and to wish you a wonderful Thanksgiving with those you love.

Warmly and with gratitude, m

CONGRATULATIONS PATTY INACKER, DSW, MBA, LCSW AND VICE PRESIDENT, BEHAVIORAL HEALTH SERVICES ON WINNING THE 2024 EMIL & LYNN HUBSCHMAN AWARD



The annual Emil and Lynn Hubschman Award recognizes individuals who exemplify PAH's tradition of combining compassion and caring with an outstanding performance of their responsibilities. One recipient is selected each year. This year's award recipient is Patty Inacker, DSW, MBA, LCSW, Vice President of Behavioral Health Services.

Patty began her career at PAH as a homeless outreach worker on the overnight shift at Hall Mercer before becoming a case manager offering individual support to patients with serious mental illness. Over time, her promotions expanded her network, connecting Patty with colleagues at Hall Mercer, the City Office of Mental Health, PAH, the Department of Psychiatry, and eventually with administrative leaders across other entities, culminating in relationships with the UPHS C-suite.

Patty's rise has been steady, with unwavering purpose, entirely reflective of Patty as a person. It is a remarkable testament to Patty that she is now a VP at UPHS, responsible for multiple entities and their employees, yet she retains her north star—always keeping the patient at the center of our thoughts.

Despite increasing work and responsibility, Patty still maintains relationships and cares for some of her original patients. She continues to mentor former trainees (at times through decades of career development), takes daily individual calls from HM staff, and reigns as an ongoing, entirely accessible leader at PAH. It is quite something to walk down 8th Street with Patty. She knows everyone, remembers everyone's names, and always stops for a smile and a quick check in. Congratulations, Patty.

CONGRATULATIONS TO DR. OSLIN! WINNER OF PHILADELPHIA PSYCHIATRIC SOCIETY'S LIFETIME ACHIEVEMENT AWARD 2024!



Dr. Dave Oslin was awarded the Philadelphia Psychiatric Society's Lifetime Achievement Award at the annual Philadelphia Psychiatric Society's gala held last Saturday.

This award recognizes a lifetime of career activities that have advanced psychiatry and its patients through practice, teaching, and/or research.

Dr. Oslin is one of the youngest psychiatrists to receive this award – highlighting even more his achievements across his early and mid-career.

Dr. Oslin is dedicated to psychiatric education, research, and community partnerships. He has written over 250 peer reviewed articles and reviews and lectures both locally and nationally. He is also dedicated to service, and can be found in his spare time volunteering at his church.

Dr. Oslin is one of the leading mental health service scientists in the country, and was honored by Perelman School of Medicine in 2023 with the Clinical Innovator Award for his collaborative work establishing the Penn Integrated Care program. This program has already helped more than 21,000 patients find and participate in mental health care. It is this type of scalable intervention for which Dr. Oslin is best known and what truly reflects his commitment to improving mental health interventions for not only our area, but for the country and the world.

WELCOME



Kennedy Wong, Psy.D. joins the Center for Cognitive Therapy as a new, full-time staff psychologist. Dr. Wong has three years of post-doctoral experience in clinical psychology. in our clinic, and she will begin seeing patients early in 2025. Dr. Wong specialized in adolescent and adult treatment for: OCD, Panic Disorder, Trauma, and Adjustment to Cancer Diagnosis / Treatment / Survivorship. Dr. Wong also provided clinical supervision for post-doctoral Fellows.



Diane Dallal joins the Center for the Treatment and Study of Anxiety as an AC Track faculty member with two years post-doctoral experience in clinical psychology. Diane will be providing CBT to our patients. Diane has expertise in CBT for anxiety disorders and eating disorders. Diane comes to CTSA from Drexel University.



Sarah Venacore joins the Center for the Treatment and Study of Anxiety as a post-doctoral fellow in clinical psychology. Sarah will be providing CBT to our patients. Sarah has expertise in CBT for anxiety disorders.



Courtney C. Gambrell joins Penn Medicine Employee Assistance Program as an EAP Clinician. Courtney is a licensed professional counselor who is proudly born and raised in Philadelphia. She earned her master's degree from Villanova University in 2016. Courtney has garnered 7 years of experience in the area of suicide prevention and crisis management. In addition, she has experience providing services to the following: adolescents, parents/caregivers, survivors of domestic violence and members of immigrant populations. Primary concerns have included: depression, anxiety, anger, low self-esteem, identity and family conflict. Courtney's therapeutic approach focuses on developing meaningful relationships, balancing challenging topics with humor, problem-solving and highlighting clients' strengths. Courtney values motivational interviewing as a modality for short-term care. Courtney welcomes individuals interested in faith-based services.



Natasha Robinson-Link, PhD joins the Center for Weight and Eating Disorders as a clinical psychologist. Natasha received her B.A. from Tufts University and her Ph.D. in clinical-community psychology from University of Maryland Baltimore County. Prior to completing her doctoral degree, Natasha completed her clinical internship at Bedford Veterans Affairs Hospital in Bedford, MA. Natasha subsequently completed her postdoctoral fellowship at the Boston Veterans Affairs Hospital. After completing her training, Natasha worked in an outpatient psychology practice before relocating to Philadelphia with her husband and two young children. Dr. Robinson-Link provides individual therapy for eating disorders and weight related conditions. Natasha also conducts psychological evaluations of patients seeking bariatric surgery through the University of Pennsylvania Health System.

CONGRATULATIONS TO THE WINNERS OF THE PENN MEDICINE AWARDS OF EXCELLENCE

The Penn Medicine Awards of Excellence is a tradition that celebrates our commitment to excellence in scholarship, teaching, innovation, service, leadership, professionalism, and patient care. Nominated by peers and colleagues and selected by a committee of esteemed faculty from the Perelman School of Medicine, these awardees reflect the highest ideals of our profession and embody the standards of excellence that we all seek to uphold. Please join me in congratulating this year's honorees from Penn Psychiatry.

DAN WOLF - LEONARD BERWICK MEMORIAL TEACHING AWARD

The Berwick Award was established in 1981 as a memorial to Leonard Berwick by his family and the Department of Pathology. It recognizes "a member of the medical faculty who in his or her teaching effectively fuses basic science and clinical medicine." It is intended that this award recognize persons who are outstanding teachers, particularly among younger faculty.

Dr. Daniel Wolf is dedicated to teaching and mentoring trainees in the care of individuals with psychotic disorders. As director of the Clinical Neurosciences Training program, head of the Laboratory for Motivation in Psychiatry, and associate director of the psychosis T32 training program, he expertly integrates basic neuroscience research with clinical practice, fostering the development of future leaders in the field.

Click [here](#) to learn more.

CÉSAR DE LA FUENTE - MICHAEL S. BROWN NEW INVESTIGATOR RESEARCH AWARD

Established in honor of Nobel Laureate Michael S. Brown, a 1966 Penn School of Medicine alumnus, the Brown Award recognizes emerging faculty investigators engaged in innovative discoveries.

Dr. César de la Fuente has emerged as a bold innovator in the field of antibiotic discovery, pioneering the use of artificial intelligence to reveal novel antimicrobial sequences from diverse sources, including extinct organisms, the gut microbiome, and wasp venom. His groundbreaking work bridges biology, engineering, and computer science, accelerating the search for new antibiotics and advancing our understanding of host immunity, positioning him as a leader in addressing the pressing challenges of drug-resistant infections.

Click [here](#) to learn more.

PHILLY GOAT PROJECT (PGP)

Philly Goat Project | Education, Therapy & Community | 6336 Ardleigh Street Philadelphia, PA 19138.



PGP was started by a UPenn faculty family in 2018, and it is the first program of its kind in the country. Many of you may have even met the goats who frequent Penn's campus for wellness events!

PGP provides education, therapy, youth job training, wellness and fun community engagement programs in partnership with goats for thousands of people in the Philadelphia region each year. Their 13 beautiful and well-trained goats act as a catalyst for engagement for all people. The vital programs and activities that PGP provides are intended to reduce life outcome disparities and create sustainable, barrier free opportunities for wellness.

In 2024, the Philly Goat Project engaged with over 60,000 visitors, a huge feat with its small yet incredibly dedicated staff. PGP relies on grants, sponsors and donations from people just like you for the majority of their sustaining funds. PGP is home to over 100 dedicated volunteers, many of them are UPenn staff who proudly align with Penn's community-building values. Thank you for considering supporting Philly Goat Project's amazing programs through the 2024 Penn's Way Campaign.

PGP offers something for everyone and we encourage you to check out their [website Calendar of Events](#) to make sure you have a chance to be part of the PGP 'herd'!

Karen Krivit, Director / Philly Goat Project/ (215) 460-7725 / www.phillygoatproject.org

THANK YOU FOR YOUR SERVICE.

Vision

Promoting health for the brain and mind to transform lives and the world.

Mission

Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world-renowned clinical services, and transformational public health policies.

Click [here](#) to access the Penn Psychiatry website.

Click [here](#) to access the CPUP Committee on Anti-Racism